



# RESIDENTIAL TECHNOLOGY

## *Brief*

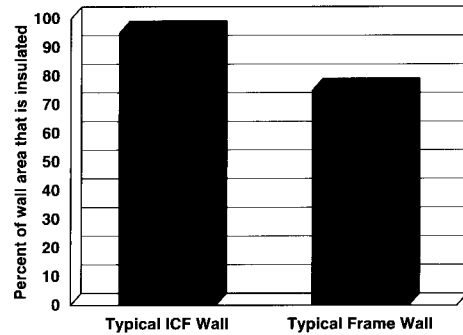
### COMFORT AND QUIET WITH CONCRETE HOMES

Concrete walls built with insulating concrete forms effectively buffer a house's interior from the outdoors. The thick ICF sandwich of a massive material (concrete) with a light one (foam) sharply cuts fluctuations in temperature, air infiltration, and noise. They keep the inside of a house more comfortable and quiet than ordinary wood frame walls.

#### Where does the greater comfort come from?

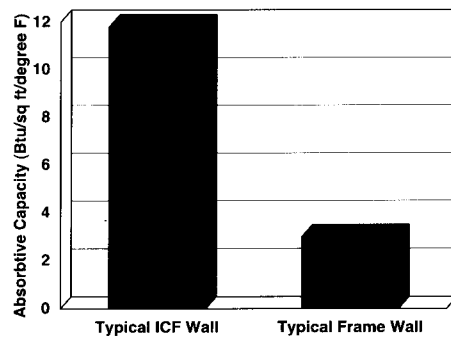
ICF walls increase comfort in three ways:

#### Consistency of Insulation



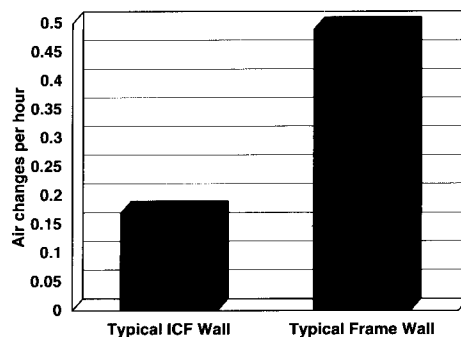
The continuous layer of foam insulation along the ICF wall helps keep the temperature the same everywhere. It virtually eliminates the "cold spots" that can occur in frame walls along the studs or at gaps in the insulation.

#### Thermal Mass



The heavy concrete of the ICF wall gives it the heat-absorbing property of "thermal mass". This smooths out swings in temperature over time. So the house does not tend to overheat or get suddenly chilly as the furnace or air conditioner cycles on and off.

#### Air Infiltration

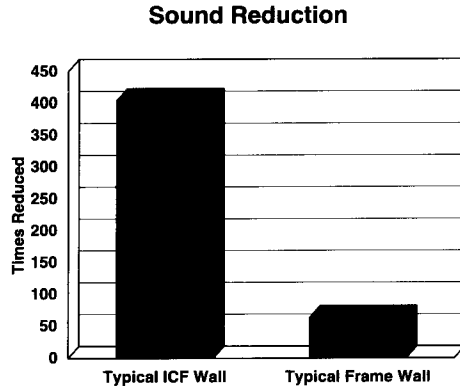


The interlocking foam faces, sealed with continuous concrete in the center, make ICF walls exceptionally airtight. So drafts are cut sharply. In tests, houses built of ICFs had up to one-third to one-half as much air infiltration as the typical frame house.



### What about noise?

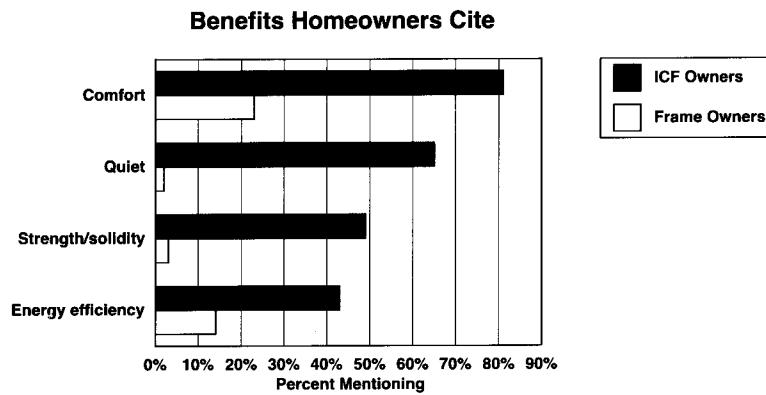
Massive materials like concrete tend to reflect noise:



Compared to a typical wood frame wall, only about one-quarter to one-eighth as much sound penetrates through an ICF wall. Scientists would describe loud speech on the opposite side of a frame wall as "audible, but not intelligible." On the opposite side of an ICF wall, a listener would "strain to hear" loud speech. It would be virtually "inaudible."

### But will I really notice the difference?

ICF homeowners appreciate these benefits more than they ever imagined.



In a 1997 survey, interviewers asked owners of 74 new ICF houses and 73 new frame houses what they liked about them. Over 80 percent of the ICF owners mentioned the great comfort, compared with 22 percent of the frame owners. Typical comments were:

*"It's the most comfortable house I've ever lived in."  
"I didn't know what I was missing until we were in it for a while."*

Over 60 percent of ICF homeowners mentioned the quietness of their houses, versus only 2 percent of the frame homeowners. The ICF owners told two common stories over and over again:

*"I looked out the window and saw the traffic on the road, but I couldn't hear it."  
"While talking with my neighbor one morning, he asked if the thunderstorm the night before woke me up, too. But until that moment I never even realized we'd had one."*

### What's the bottom line?

When planning a new house, consider the greater well-being that could come from living with a more even temperature, sharply reduced drafts, and noticeably greater quiet. These things are available with concrete walls built with ICFs. They effectively shelter the interior environment from the harshness of the outdoors. ICFs will provide a quiet, comfortable home year round.

### More Information?

Concrete Homes:  
Hotline  
1.888.333.4840  
Online  
www.concretehomes.com

The following publication is available from the Portland Cement Association.  
To order call Customer Service at 1.800.868.6733

SP208 VanderWerf, Feige, Chammas, and Lemay \$60.00  
"Insulating Concrete Forms for Residential Design and Construction"

This book is the most comprehensive resource for designing and building homes using Insulating Concrete Forms. It focuses on technical aspects, such as design principles, details, formulas, and performance.